

*Except chilli all products are sourced from organic vendors
Photographs shown on this packet are not of the content in this pack

Imitation of label graphics is a punishable offence

Ingredients : Coriander, Pepper, Cumin, Star Anise, Cinnamon, Cardamom, Cloves, Bay Leaf, Chilly, Kashmiri Chilly, Mace, Poppy Seeds, Garlic, Shah Jeera, Nutmeg, Turmeric, Salt, Curry Leaf, Raw Rice, Fennel, Ginger

Meat masala

Nutritional Facts

Amounts per 100 gms

% Daily value

Energy : 410 kcal	21%
Total Fat : 13.24 g	20%
Saturated Fat : 2.97 g	14%
Trans Fat : 0 g	0%
Sodium : 812.9 mg	41%
Total carbohydrate : 59 g	--
Total sugar : 0 g	--
Includes 0 g added sugars	0%
Protein : 12.5 g	--
Calcium : 471.8 mg	
Iron : 1.43 mg	
Potassium : 810.1 mg	
Cholesterol : 0 mg	

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice

INGREDIENTS FOR PREPARATION:

1. Chopped meat - 1 kg
2. Cappacale meat masala - 4 tablespoon
3. Onion sliced - 200 g
4. Coconut oil - 3 tablespoon
5. Sliced ginger - 1 tablespoon
6. Green chillies - 3 nos
7. Curry leaves - 2 stalks
8. Mustard - as required
9. Salt - as required

PREPARATION:

Rub in Cappacale meat masala and salt to chopped meat pieces. Leave for 10 minutes. Heat oil, crackle mustard and fry sliced onions, ginger, chilly and curry leaves till half done. Add meat and water and cook till done.

For suggestions, feedbacks and complaints if any :

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🕒 10AM - 9PM

PRODUCT OF INDIA

Manufactured & Marketed By:

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ONLINE

WWW.
CAPPACALE FOODS
.COM

FRESHLY
MILLED
FREE OFF
PRESERVATIVES
NO ADDED
CHEMICALS

MEAT
MASALA



ORGANICALLY
SOURCED

 **CAPPACALE**
FOODS

Net Wt.
M.R.P.
(Inclusive of all taxes)
Unit Sale Price:
Batch No:
Mfg. Dt.
Use By:

